

CPR C

KNOWLEDGE EVALUATION ANSWER SHEET



Score: ____ / 10 Final Mark: ____ % Date: _____

Candidate Name: _____ **E-mail address:** _____

1. A B C D

2. A B C D

3. A B C D

4. A B C D

5. A B C D

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7. A B C D

8. A B C D

9. A B C D

10. A B C D

Please write clearly so we can enter your information into the database accurately:

CPR C



Please do not write on this sheet. Indicate your answers on the answer sheet provided.

1. Which of the following statements about the Red Cross emblems is true?
 - a) It is illegal to use them improperly
 - b) They can only be used in Canada by the Red Cross and the medical services of the armed forces
 - c) Ensuring that they are used correctly helps to protect Red Cross workers around the world
 - d) All of the above statements are true
2. What must you always do if you encounter a person who is not breathing?
 - a) Call EMS/9-1-1
 - b) Try to help the person control his or her breathing
 - c) Begin CPR, starting with rescue breaths
 - d) Help the person to take his or her prescribed medication
3. Which of the following is a sign or symptom of shock?
 - a) Weakness, excessive thirst, confusion
 - b) Normal breathing
 - c) Warm, dry skin
 - d) Excessive strength
4. What should you do when rolling a person into the recovery position?
 - a) Roll the legs first followed by the head
 - b) Call EMS/9-1-1
 - c) Support and protect the head while rolling
 - d) Place a pillow behind their back to keep them on their side
5. What should you do if a person's airway becomes completely blocked by an object?
 - a) Immediately call EMS/9-1-1 and get an AED
 - b) Encourage the person to cough and be ready to provide care if he or she becomes unresponsive
 - c) Immediately begin providing care for complete choking
 - d) Have the person perform abdominal thrusts against a safe object, such as the back of a chair
6. Which of the following should you do if you are alone and choking?
 - a) Call EMS/9-1-1 and perform abdominal thrusts on yourself by pulling your fist firmly into your stomach just above your belly button
 - b) Call EMS/9-1-1, move to a place where you can be noticed, and perform abdominal thrusts against a safe object
 - c) Call EMS/9-1-1 and perform chest blows by striking yourself firmly in the centre of your chest
 - d) Call EMS/9-1-1 and rest quietly until EMS personnel arrive
7. Which of the following can cause a person to have blood in his or her saliva or vomit?
 - a) Cardiovascular disease
 - b) Heart attack
 - c) Stroke
 - d) Life-threatening internal bleeding

8. You find an adult unresponsive and not breathing, which of the following should you do first?
 - a) Begin CPR, starting with chest compressions
 - b) Begin CPR, starting with rescue breaths
 - c) Place a barrier device over the person's mouth and nose
 - d) Call EMS/9-1-1 and get an AED

9. After repositioning the head, rescue breaths still do not go in: What do you do?
 - a) Call EMS/9-1-1
 - b) Do 30 chest compressions and then look into the person's mouth
 - c) Begin the care for complete choking, starting with abdominal thrusts
 - d) Resume CPR, but do not attempt to give rescue breaths until the person's airway clears itself

10. If there is not enough space on a person's chest for two AED pads, what should you do?
 - a) Place one pad in the centre of the person's chest
 - b) Continue CPR without using an AED
 - c) Place one pad on the person's chest and one on the person's back
 - d) Overlap the pads slightly (up to 1 inch of overlap is acceptable)